

**P. Burkeen – MET Q1 Broadcast
Safety Videos
College Park, MD
2/7/17**

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**INT. – STORE 2552
(396 words, about two minutes and 12 seconds)**

PATRICK

[Patrick Burkeen, Senior Manager – MET Safety]

Today I'm at Store 2552 in College Park, Maryland.

Each year, we set our safety goals based on an annual OSHA rate.

And, your supervisors and safety captains talk about them during the Daily Huddle. But what are they?

The OSHA rate is how we measure MET's success in safety.

[Chelsea: Lower-third spelling out OSHA – Occupations Safety and Health Administration. - a federal agency of the United States that regulates workplace safety and health]

Overall, in 2016, our OSHA rates improved by five percent. This means that about 400 less people were injured last year versus the year before.

This is great considering we took on more projects and completed more packdown in 2016.

However, we're finding that performing more packdown has led to injuries involving beams and ladders.

Team, let's review a few safety behaviors for those projects that require ladders.

- First, remember to follow the ladder safety SOP.
- Always be aware of your surroundings
- When you're on a ladder, never retrieve items that cannot be carried in one hand.
- Make sure the lockstep is engaged.
- Maintain three points of contact with the ladder at all times.
- And, REMEMBER, if an item CANNOT be retrieved following the ladder safety SOP – partner with your MET leader or your team's safety captain.

Let's stay focused on safety this year and every year.

We can do this by going back to the basics, outlined in our Safety Matters principles: Warm Up, Form Up, Gear Up and Team Up.

[Chelsea: Lower third or visuals for the four topics.]

And MEMs, MET Sups and Safety Captains: Remember to coach, teach and train to reinforce safe behaviors every single day.

To recognize you for what you are already doing, we're improving our "Got Your Back" program.

[Chelsea: Show Got Your Back program images.]

Safety Captains will continue to recognize associates who

- 1.) work safely and
- 2.) who go above and beyond to make sure their teammates drive safe behaviors.

In addition to the Got Your Back certificate, recognized associates may be eligible to receive branded merchandise.

One winner per team will be drawn each month beginning in April.

[Chelsea: Show images of "Got Your Back" merchandise.]

Also, to keep our daily Safety Matters topics fun and interactive, I'll introduce a new safety project that will require your creativity.

[Nicole: get video example from South-Atlantic from Patrick. Connect with Chelsea on the preferred format.]

Check MerchLogix, formerly ISES, for more details.

And look for more details in a future MET myApron article and the March Meetings in a Box.

*[Chelsea: Lower third with **path or project number - TBD.**]*

That's going to do it for us here in Maryland this quarter.

Now, for this quarter's Values in Action.